



MISSION STATEMENT

The Niagara Frontier Volleyball Club was established in 2007 to expand Junior Olympic Volleyball in the WNY region by offering a greater opportunity for competitive volleyball training. Niagara Frontier Volleyball believes that every girl should be offered the opportunity to develop skills that will enable her to excel and compete successfully at the interscholastic, regional and/or national level of volleyball.

Travel Teams Our intensified training program is structured to prepare players to compete at the national level and to continue successful academic and playing careers at colleges or universities.

Local Teams Are structured to develop a solid foundation of fundamental and technical skills to help participants develop, not only as athletes, but also as individuals and to increase the skill level of the players in competitive WNY High School programs.

House League Is structured to provide fundamental skill training followed by in-house competition to build a solid foundation in technical skill development.

All programs are lead by the most qualified WNY College and High School Coaches in the Niagara Frontier.

PARENT INFORMATIONAL MEETING – Have all of your questions answered about the NFVB! MUST ATTEND!!

Site: Buffalo Niagara Court Center
425 Meyer Rd. West Seneca, NY
716-677-9100

Date: Sunday, October 2nd, 2011 9:00am – 10:00am

All coaches meeting: 10:00am – 3:00pm

IMPORTANT DATES – REGISTRATION AND TRYOUTS

Wed. Oct 12th Registration deadline – **TRAVEL 15 – 18 TEAMS**

Sun. Oct 16th Travel 15-18 tryouts – 8:30 – 1:00 (see www.nfvbjuniors.com for details and age specific times)

Wed. Nov 2nd Registration deadline – **ALL LEVELS OF 12U (TRAVEL AND LOCAL) AND 13-14 TRAVEL**

Sun. Nov 6th Travel 12-14 tryouts – 9:00 – 1:30 (see www.nfvbjuniors.com for details and age specific times)

Wed. Nov 30th Registration deadline – **LOCAL TEAMS (ONLY IF YOU DIDN'T REGISTER FOR TRAVEL TRYOUTS)**

Sat. Dec. 3rd 9:45 – 6:15 (see www.nfvbjuniors.com for details)

Sun. Dec. 4th 9:45 – 6:15 (see www.nfvbjuniors.com for details)

Fri. Dec. 9th Registration deadline – House teams (ONLY if you did not register for travel and/or local team tryouts)

Sun. Dec. 11th **HOUSE TRYOUTS 13 – 15 YEAR OLDS** (3:30 – 5:00) **HOUSE TRYOUTS 16 – 18 YEAR OLDS** (5:00 – 6:30pm)

IMPORTANT DATES – TRAINING SESSIONS

Nov. 7-21 (M-W) Pay as you train (run by NFVB) \$10 for 1 ½ hour session (open to travel and local players)

6:00 – 7:30 (12 – 15 yrs.) (4 courts)

7:30 – 9:00 (16 – 18 yrs.) (4 courts)

IMPORTANT DATES – BNCC FALL 2011 12 AND UNDER ACES VOLLEYBALL TRAINING SESSIONS

6 weeks of volleyball instruction, all skill levels welcome. At the conclusion of the six week program, participants will compete in a tournament to display their newly acquired skills. Each participant will also receive a t-shirt.

Sunday Evenings 6-7pm

September 18th-October 23rd

Tournament Day: Saturday October 30th

Open to boys & girls age 6-12

\$100 per player

For more information and/or to register, go to: www.BNCCsports.com

ALL TIMES/DATES LISTED ABOVE ARE SUBJECT TO CHANGE. PLEASE CHECK THE WEB SITE THE WEEK PRIOR TO TRYOUTS/CLINICS TO CONFIRM ALL TIMES/DATES. For more information about Niagara Frontier Junior Olympic Volleyball, go to www.nfvbjuniors.com